

AGING RESOURCES ADVOCATE SERVICE



NAVIGATING THE JOURNEY OF AGING—TOGETHER.

Are you an older adult needing extra support, or a family caregiver looking for answers? DMCC is offering a new FREE service - meet with our expert Aging Resources Advocate who will match you with the tools you need. If the older adult in need of assistance is a resident of 92014 and registered with DMCC, you qualify!

- ✓ Short-Term Navigation
- ✓ Housing Decisions
- ✓ Home Care Company Referrals
- ✓ Transportation and Local Community Resources
- ✓ Guidance for Family Caregivers



Call To Learn More
(858) 792-7565

For More Information
www.dmcc.cc/ara



Service offered in grant partnership with the Del Mar Foundation