



# Essential Transportation Guide for Riders: Sassy Chassis Van

DMCC offers **free** transportation services to senior and disabled residents of the 92014 ZIP Code who live North of Del Mar Heights Rd. and South of Via De La Valle, who are no longer able to drive.

For your safety, please keep identification on you at all times when using any of our transportation services.

## Sassy Chassis

DMCC's passenger van is reserved multiple times per week for essential errand services for transportation clients. This van is operated by DMCC paid drivers. Usually there is a volunteer "van host" on board to assist with getting on and off the van, carrying packages, communication, and anything else to help you to complete your errands. The van picks up riders at home and returns them to their homes.

- **Retail Therapy Van:** 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month, 11am – 3pm  
This trip occurs on two Mondays per month, and visits retail and discount store locations such as Target, Marshalls, Ross, Barnes and Noble, Ulta, etc. The destination rotates; please consult the DMCC monthly newsletter or contact the office to inquire about specific locations.  
**To make a reservation, contact us by the previous Friday at 3pm.**
- **Wednesday Grocery Van:** Wednesdays, 9am-12pm or 1pm-4pm  
This trip occurs each week (excluding holidays), and helps with your essential grocery and pharmacy shopping, going to stores such as Ralphs, Trader Joe's, CVS, and others.  
**To make a reservation, please contact the DMCC office by the previous Tuesday at 3pm.**  
**Morning Van: 9:00am-12:00pm**  
**Afternoon Van: 1:00pm-4:00pm**
- **Tuesday Lunch Connections Shuttle:** 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month, pickups between 11:30am and Noon, drop-offs between 1:30pm and 2pm.  
Participants in DMCC's Tuesday Lunch Connections lunch program who are also enrolled in Essential Transportation may request a van pickup to bring them to the Del Mar Community Building.  
**To make a reservation, please notify the DMCC office by the afternoon of the previous Monday.**
- **Water Fitness Shuttle:** Thursdays, pickups begin at 2:30pm, drop-off between 4:15-4:45pm.  
This trip occurs each week (excluding holidays) and takes participants to the Carmel Valley Pool for their Water Fitness class. The class costs \$4.00, which you will pay upon arrival at the pool.  
**To make a reservation, please notify the DMCC office by the afternoon of the previous Wednesday.**

**Please see the other side for more information about personalized services.**

**To reserve pickups, request appointments, or ask questions about our Transportation Services, please call (858) 792-7565 or email [dmcc@dmcc.cc](mailto:dmcc@dmcc.cc).**



# Essential Transportation Guide for Riders: Personalized Services

DMCC offers **free** transportation services to senior and disabled residents of the 92014 ZIP Code who live North of Del Mar Heights Rd. and South of Via De La Valle, who are no longer able to drive.

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## Volunteer Driver Rides

DMCC's personalized transportation services are provided by volunteers who will pick you up at your home in their own vehicles and take you to medical, dental, personal care, or legal appointments within a 10-mile radius of Del Mar. Rides are provided between the hours of 8:30am – 4:30pm, Monday through Friday.

**Volunteer qualifications:** Volunteers complete a criminal background check and go through a driving record and insurance verification process before driving for DMCC.

**Emergency Care:** Rides will not be provided to emergency or urgent care facilities.

**Sedation:** For appointments that involve the use of anesthesia/sedation, DMCC must be provided with the following before we can accept your ride request:

- Any special instructions provided to you by your doctor regarding your return home. DMCC volunteers are not responsible for in home assistance after an appointment.
- The name and phone number of a current emergency contact that the DMCC office will be able to get in touch with on the day of your appointment.

**To make an appointment**, please contact us with your appointment details at least 7 days in advance.

## Foxy Flyer Wheelchair Rides

DMCC's Foxy Flyer wheelchair-accessible van is available to provide free personalized transportation to medical and other essential appointments for those residents who use wheelchairs, including those temporarily recovering from surgery or injury. The Foxy Flyer is operated by paid drivers. DMCC has a policy regarding rides from nursing homes for residents of the 92014 zip code; for more information please contact the DMCC office.

**To make a reservation for a Foxy Flyer ride**, please contact the DMCC office with your appointment details at least a week in advance.

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## Signature of Rider

## Date

By signing this document, I acknowledge that I have read and understand the contents of DMCC's Guide for Riders, and will follow the guidelines to the best of my ability.

**Please see the other side for more information about Sassy Chassis Van services.**

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